



DEL ESCEPTICISMO A LA CONVICCIÓN ...DEL PRODUCTO

Dr. Christopher Ureña Chacón



MARK YARNELL - REID YARNELL

PRIMER AÑO EN EL NETWORK MARKETING

Supere sus miedos.
Alcance el éxito.
Logre sus sueños.

"Aprendí más al leer este libro, que lo aprendido durante todos los años investigando exhaustivamente la industria del MLM".

Del prólogo de Richard Poe, autor de *Ola 3* y *Ola 4*.



TIME & MONEY
NETWORK CREATORS



MENTOR OF THE
BILLION
Mentor of the Billion

"HAS CAMBIADO..."

LO SÉ, GRACIAS
@MentorOfTheBillion



AÚN NO SOY LA PERSONA QUE QUIERO SER,
PERO GRACIAS A DIOS NO SOY QUIEN SOLÍA SER

MEDICINA CONVENCIONAL



SALUD PÚBLICA



MEDICINA
AYURVEDA

Nutracéutico

Adaptógeno

Nutracéutico

80's: compuestos no farmacéuticos que podrían tener un impacto en la salud

Adaptógeno

30's: se descubre que el cuerpo se puede adaptar a ciertas condiciones inducidas al alterar la respuesta fisiológica

“Las plantas adaptógenas se adaptan al organismo y lo conducen a un estado más equilibrado”





ANTONIO MESA PAUCAR

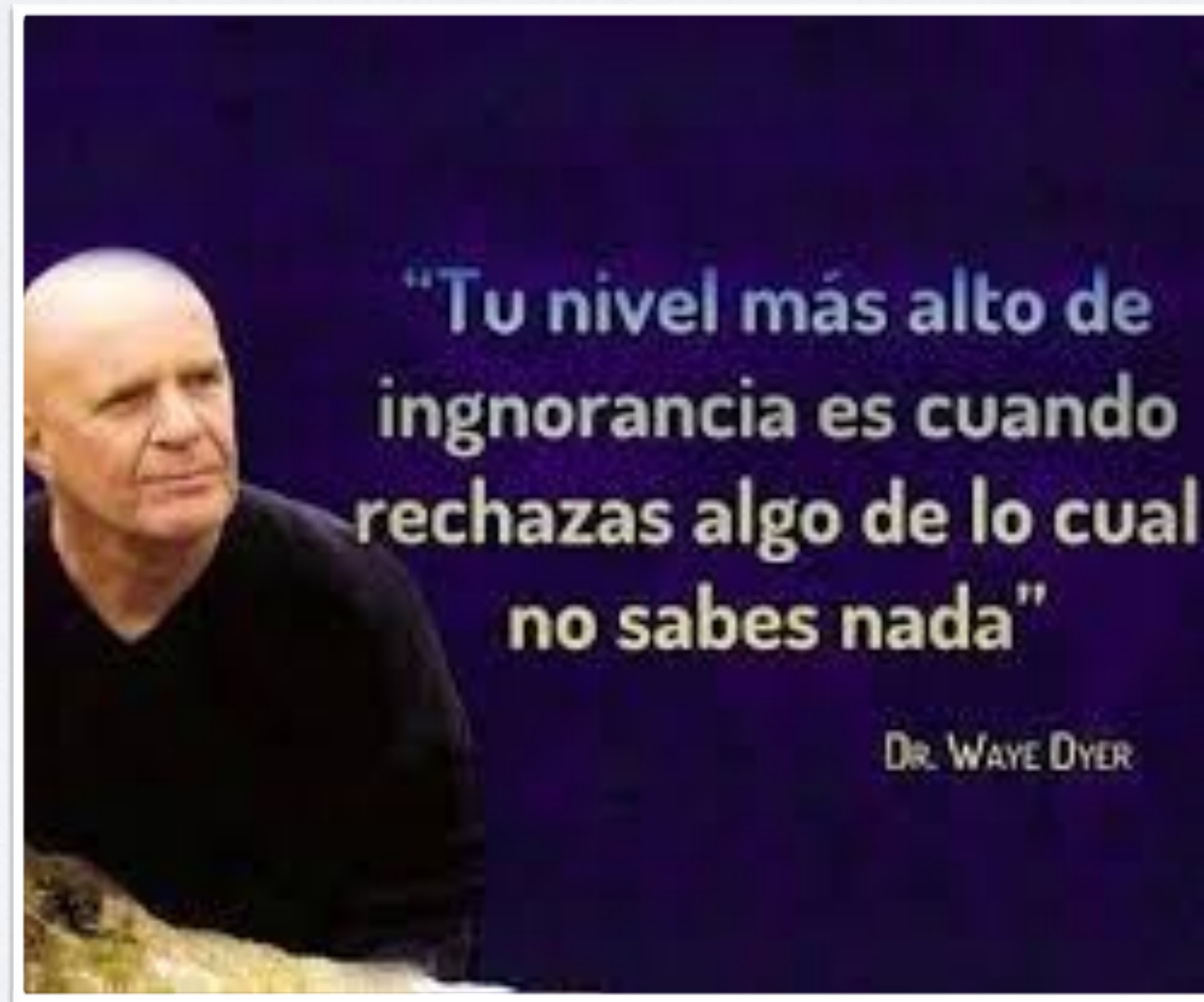
10 meses de vida

3 a 5 años

CASI TODOS LOS
PROFESIONALES EN
SALUD QUE
CONOZCO HAN
INGRESADO AL
PROYECTO POR EL
NEGOCIO...



ESTUDIAMOS 5-6 AÑOS MEDICINA
OCCIDENTAL, CON VISIÓN DE TÚNEL
RESPECTO A LA MEDICINA ALTERNATIVA



EMPIEZA LA INVESTIGACIÓN

(Bases científicas para refutar con colegas)



**AMALAKI
CÚRCUMA
SCHIZANDRA
HARI TAKI
JENGIBRE
JINJOL
TULSI**



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[Nutr J. 2010; 9: 3.](#)

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Published online 2010 Jan 22. doi: [10.1186/1475-2891-9-3](https://doi.org/10.1186/1475-2891-9-3)

The total antioxidant content of more than 3100 foods, beverages, spices, herbs and supplements used worldwide

[Monica H Carlsen,^{#1}](#) [Bente L Halvorsen,^{#1}](#) [Kari Holte,¹](#) [Siv K Bøhn,¹](#) [Steinar Dragland,²](#) [Laura Sampson,³](#) [Carol Willey,³](#) [Haruki Senoo,⁴](#) [Yuko Umezono,⁴](#) [Chiho Sanada,⁴](#) [Ingrid Barikmo,⁵](#) [Nega Berhe,¹](#) [Walter C Willett,³](#) [Katherine M Phillips,⁶](#) [David R Jacobs, Jr,^{1,7}](#) and [Rune Blomhoff^{#1}](#)

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Table 4

Excerpt of the berries, fruit and vegetable analyses in the Antioxidant Food Table.

	Antioxidant content mmol/100 g ^{a)}	n	Min	Max
African baobab tree, leaves dry, crushed	48.1	1	-	-
Amla (Indian gooseberry), dried	261.5	1	-	-
Apples	0.4	15	0.1	1.22
Apples, dried	3.8	3	1.86	6.07
Apricots, dried	3.1	4	1.32	4.67
Artichoke	3.5	8	0.69	4.76
Bilberries, dried	48.3	1	-	-
Black olives	1.7	6	0.23	3.25
Blueberry jam	3.5	4	2.68	4.71
Broccoli, cooked	0.5	4	0.25	0.85
Chilli, red and green	2.4	3	2.08	2.92
Curly kale	2.8	4	1.62	4.09
Dates, dried	1.7	2	1.53	1.88
Dog rose, products of dried hip	69.4	3	54.30	75.84
Dog rose, wild, dried	78.1	1	-	-
Dog rose, wild, fresh	24.3	3	12.65	34.49
Fruit from the African baobab tree	10.8	1	-	-
Mango, dried	1.7	2	0.58	2.82
<i>Moringa Stenopetala</i> , dried leaves, stem	11.9	1	-	-
<i>Moringa Stenopetala</i> , fresh leaves, stem	3.7	1	-	-
Okra/gumbo from Mali, dry, flour	4.2	1	-	-
Oranges	0.9	3	0.83	1.08
Papaya	0.6	2	0.36	0.76
Plums, dried	3.2	1		
Pomegranate	1.8	6	0.88	2.26
Prunes	2.4	6	1.95	3.70
Strawberries	2.1	4	1.85	2.33
Zereshk, red sour berries	27.3	1	-	-

mean value when n > 1

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Phytomedicine. 2002 Sep;9(6):515-22.

Gastroprotective effects of 'Amla' *Emblica officinalis* on in vivo test models in rats.

Al-Rehaily AJ¹, Al-Howiriny TA, Al-Sohaibani MO, Rafatullah S.

+ Author information

Abstract

An ethanol extract of 'Amla' *Emblica officinalis* Gaertn. was examined for its antisecretory and antiulcer activities employing different experimental models in rats, including pylorus ligation Shay rats, indomethacin, hypothermic restraint stress-induced gastric ulcer and necrotizing agents (80% ethanol, 0.2 M NaOH and 25% NaCl). Oral administration of Amla extract at doses 250 mg/kg and 500 mg/kg significantly inhibited the development of gastric lesions in all test models used. It also caused significant decrease of the pyloric-ligation induced basal gastric secretion, titratable acidity and gastric mucosal injury. Besides, Amla extract offered protection against ethanol-induced depletion of stomach wall mucus and reduction in nonprotein sulfhydryl concentration. Histopathological analyses are in good agreement with pharmacological and biochemical findings.

The results indicate that Amla extract possesses antisecretory, antiulcer, and cytoprotective properties.

Biol Pharm Bull. 2005 Jul;28(7):1304-6.

Reversal of fibrogenic events in liver by *Emblica officinalis* (fruit), an Indian natural drug.

Tasduq SA¹, Mondhe DM, Gupta DK, Baleshwar M, Johri RK.

+ Author information

Abstract

A hydroalcoholic (50%) extract of *Emblica officinalis* (fruit) (EO-50) reduced the severity of hepatic fibrosis induced by carbon tetrachloride (CCl₄) and thioacetamide (TAA). Improved liver function was observed by measuring the levels of aspartate aminotransaminase (AST), alanine aminotransferase (ALT), alkaline phosphatase (ALP) and bilirubin in serum. Hepatic parameters monitored were the levels of glutathione (GSH), lipid peroxidation (LPO) and hydroxyproline and the activities of catalase, glutathione peroxidase (GPx), Na⁺ K⁺-ATPase and cytochrome P450 (CYP 450 2E1) (aniline hydroxylation). The results suggested that EO-50 effectively reversed profibrogenic events possibly due to its promising antioxidative activity.

AMALAKI



Phytother Res. 2005 May;19(5):444-6.

Radioprotection of Swiss albino mice by *Emblica officinalis*.

Singh I¹, Sharma A, Nunia V, Goyal PK.

+ Author information

Abstract

The fruit pulp of *Emblica officinalis* (EO) is an important drug used in Indian systems of medicine for several diseases and as a tonic. In view of its multifarious uses, the plant extract (aqueous) was tested for its radioprotective properties against sublethal gamma radiation (9 Gy) in Swiss albino mice. Animals were divided into two groups and irradiated with gamma radiation externally, with or without EO extract, which was given orally at different doses before irradiation. The dose of fruit pulp extract found to be most effective against radiation was 100 mg/kg b.wt. This dose increased the survival time and reduced the mortality rate of mice significantly. Furthermore, body weight loss in EO administered irradiated animals was significantly less in comparison with animals who were given radiation only.

Asian Pac J Cancer Prev. 2005 Apr-Jun;6(2):197-201.

Chemopreventive action of *emblica officinalis* on skin carcinogenesis in mice.

Sancheti G¹, Jindal A, Kumari R, Goyal PK.

+ Author information

Abstract

Chemoprevention with food phytochemicals is currently regarded as one of the most important strategies for cancer control. *Emblica officinalis* (Family: Euphorbiaceae) indigenous to India, is valued for its unique tannins and flavanoids, which contain very powerful antioxidant properties. The inhibition of tumor incidences by fruit extract of this plant has been evaluated on two-stage process of skin carcinogenesis in Swiss albino mice, induced by a single application of 7, 12-dimethylbenz(a)anthracene (100 microg / 100 microl acetone), and two weeks later, promoted by repeated application of croton oil (1% in acetone/thrice a week) till the end of the experiment (16 weeks). The tumor incidence, tumor yield, tumor burden and cumulative number of papillomas were found to be higher in the control (without EO treatment) as compared to experimental animals (EO treated). The differences in the values of the results of experimental groups were statistically analysed and found to be significant in comparison to the control group ($p < 0.05$). The present study demonstrates the chemopreventive potential of *Emblica officinalis* fruit extract on DMBA induced skin tumorigenesis in Swiss albino mice.

Anticancer Properties of Phyllanthus emblica (Indian Gooseberry).

Zhao T¹, Sun Q¹, Marques M¹, Witcher M¹.

+ Author information

Abstract

There is a wealth of information emanating from both in vitro and in vivo studies indicating fruit extract of the Phyllanthus emblica tree, commonly referred to as Indian Gooseberries, has potent anticancer properties. The bioactivity in this extract is thought to be principally mediated by polyphenols, especially tannins and flavonoids. It remains unclear how polyphenols from Phyllanthus emblica can incorporate both cancer-preventative and antitumor properties. The antioxidant function of Phyllanthus emblica can account for some of the anticancer activity, but clearly other mechanisms are equally important. Herein, we provide a brief overview of the evidence supporting anticancer activity of Indian Gooseberry extracts, suggest possible mechanisms for these actions, and provide future directions that might be taken to translate these findings clinically.

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Phyllanthus Suppresses Prostate Cancer Cell, PC-3, Proliferation and Induces Apoptosis through Multiple Signalling Pathways (MAPKs, PI3K/Akt, NF- κ B, and Hypoxia).

Tang YQ¹, Jaganath I, Manikam R, Sekaran SD.

+ Author information

Abstract

Phyllanthus is a traditional medicinal plant that has been found to have antihepatitis, antibacterial, and anticancer properties. The present studies were to investigate the in vitro molecular mechanisms of anticancer effects of Phyllanthus (*P. amarus*, *P. niruri*, *P. urinaria*, and *P. watsonii*) plant extracts in human prostate adenocarcinoma. The cancer ten-pathway reporter array was performed and revealed that the expression of six pathway reporters were significantly decreased (Wnt, NF κ B, Myc/Max, hypoxia, MAPK/ERK, and MAPK/JNK) in PC-3 cells after treatment with Phyllanthus extracts. Western blot was conducted and identified several signalling molecules that were affected in the signalling pathways including pan-Ras, c-Raf, RSK, Elk1, c-Jun, JNK1/2, p38 MAPK, c-myc, DSH, β -catenin, Akt, HIF-1 α , GSK3 β , NF κ B p50 and p52, Bcl-2, Bax, and VEGF, in treated PC-3 cells. A proteomics-based approach, 2D gel electrophoresis, was performed, and mass spectrometry (MS/MS) results revealed that there were 72 differentially expressed proteins identified in treated PC-3 cells and were involved in tumour cell adhesion, apoptosis, glycogenesis and glycolysis, metastasis, angiogenesis, and protein synthesis and energy metabolism. Overall, these findings suggest that Phyllanthus can interfere with multiple signalling cascades involved in tumorigenesis and be used as a potential therapeutic candidate for treatment of cancer.



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ANTITUSÍGENO
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ANTIINFLAMATORIO

ANTITUMORAL
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REVIEW ARTICLE

An Ethanol Extract of Hawaiian Turmeric: Extensive In Vitro Anticancer Activity Against Human Colon Cancer Cells

Konstantinos Dimas, PhD; Chrsiida Tsimplouli, PhD; Courtney Houchen, MD; Panayotis Pantazis, PhD; Nikos Sakellaridis, MD, PhD; George Th. Tsangaris, PhD; Ema Anastasiadou, PhD; Rama P. Ramanujam, PhD



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Curcumin and neurodegenerative diseases

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Food &
Function



REVIEW

View Article Online
View Journal



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Curcumin and its analogues: a potential natural compound against HIV infection and AIDS

Sahdeo Prasad^a and Amit K. Tyagi^{*a,b}

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CÚRCUMA



Bharat B. Aggarwal
Young-Joon Surh
Shishir Shishodia
Editors

The Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease

With 77 Illustrations

CONTENTS

CURCUMIN: THE INDIAN SOLID GOLD	1
Bharat B. Aggarwal, Chitra Sundaram, Nikita Malani, and Haruyo Ichikawa	
HIGHLY ACTIVE ANTICANCER CURCUMIN ANALOGUES	77
Cara A. Mosley, Dennis C. Liotta, and James P. Snyder	
ANTIOXIDANT AND ANTI-INFLAMMATORY PROPERTIES OF CURCUMIN.....	105
Venugopal P. Menon and Adluri Ram Sudheer	
MODULATION OF TRANSCRIPTION FACTORS BY CURCUMIN	127
Shishir Shishodia, Tulika Singh, and Madan M. Chaturvedi	
CANCER CHEMOPREVENTIVE EFFECTS OF CURCUMIN	149
Young-Joon Surh and Kyung-Soo Chun	
ANTITUMOR, ANTI-INVASION, AND ANTIMETASTATIC EFFECTS OF CURCUMIN.....	173
Girija Kuttan, Kuzhuvilil B. Hari Kumar, Chandrasekharan Guruvayoorappan, and Ramadasan Kuttan	
CURCUMIN AS AN INHIBITOR OF ANGIOGENESIS	185
Sulochana S. Bhandarkar and Jack L. Arbiser	
NEUROPROTECTIVE EFFECTS OF CURCUMIN.....	197
Greg M. Cole, Bruce Teter, and Sally A. Frautschy	
REGULATION OF COX AND LOX BY CURCUMIN	213
Chinthalapally V. Rao	
MOLECULAR TARGETS OF CURCUMIN.....	227
Jen-Kun Lin	
CELL GROWTH REGULATION.....	245
Devarajan Karunakaran, Jeena Joseph, and Thankayyan R. Santhosh Kumar	

xiv	CONTENTS
CURCUMIN AS CHEMOSENSITIZER	269
Pornngarm Limtrakul	
RADIOPROTECTION AND RADIOSENSITIZATION BY CURCUMIN	301
Ganesh C. Jagetia	
IMMUNOMODULATION BY CURCUMIN	321
Subhash C. Gautam, Xiaohua Gao, and Scott Dulchavsky	
BENEFICIAL ROLE OF CURCUMIN IN SKIN DISEASES	343
Rajesh L. Thangapazham, Anuj Sharma, and Radha K. Maheshwari	
CARDIOPROTECTIVE EFFECTS OF CURCUMIN	359
Sumitra Miriyala, Manikandan Panchatcharam, and Puvanakrishnan Rengarajulu	
PROTECTION FROM ACUTE AND CHRONIC LUNG DISEASES BY CURCUMIN	379
Narayanan Venkatesan, Durairaj Punithavathi, and Mary Babu	
NEPHROPROTECTIVE AND HEPATOPROTECTIVE EFFECTS OF CURCUMINOIDS	407
Toshihiko Osawa	
CURCUMIN AND AUTOIMMUNE DISEASE.....	425
John J. Bright	
PHARMACOKINETICS AND PHARMACODYNAMICS OF CURCUMIN.....	453
Ricky A. Sharma, William P. Steward, and Andreas J. Gescher	
CLINICAL STUDIES WITH CURCUMIN	471
Chih-Hung Hsu and Ann-Lii Cheng	
INDEX	481



El Amalucky

César Amaya

ft Jessi Marie

Colombia.

Zrii Latino America

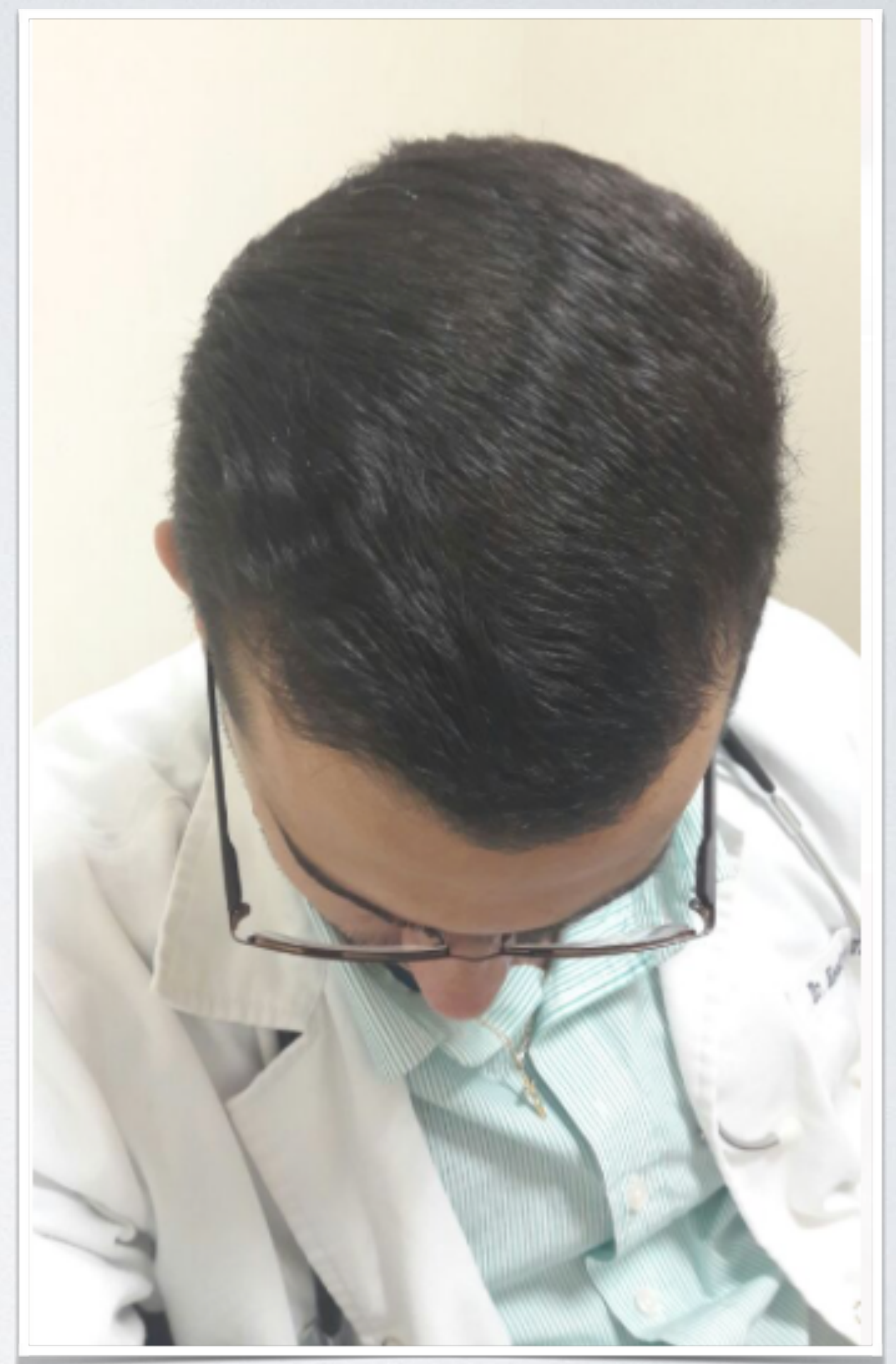


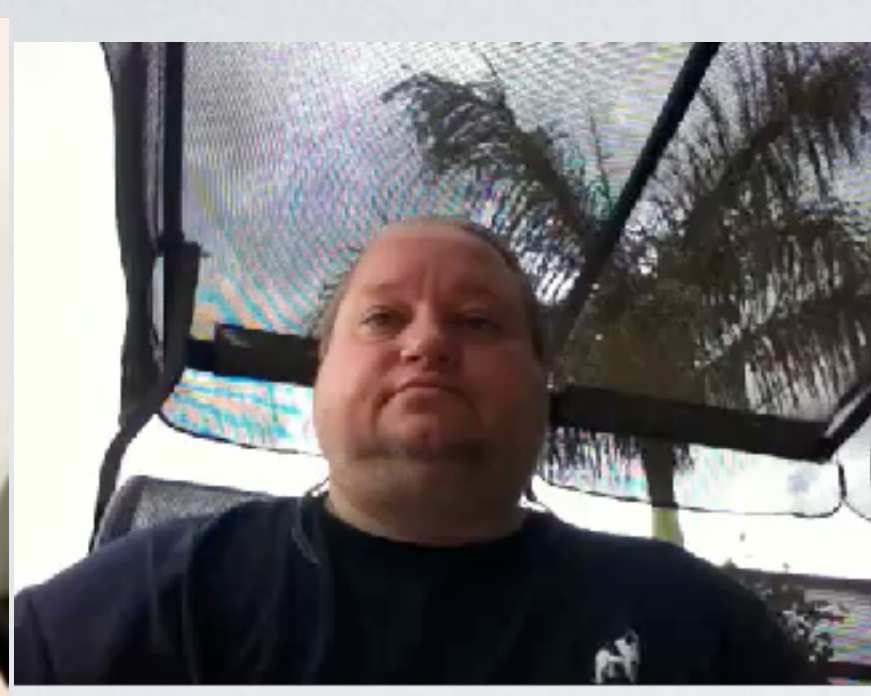
los nutrientes que mi salud van a mejorar











zrii **commitment** **zrii**

FRANCINE MONGE'S TESTIMONIO ZRII AMALAKI

Beneficios:
- Reduce el exceso de grasa y el colesterol.
- Mejora la circulación sanguínea.
- Ayuda a controlar el azúcar en sangre.
- Reduce el estrés y mejora el sueño.
- Ayuda a controlar el apetito y evita el exceso de comida.
- Mejora la salud de la piel.

Indicaciones:
- Personas con sobrepeso o obesidad.
- Personas con colesterol alto.
- Personas con diabetes o prediabetes.
- Personas con estrés o ansiedad.
- Personas con problemas de sueño.

Contraindicaciones:
- Personas con alergia a los frutos secos.
- Personas con problemas renales.

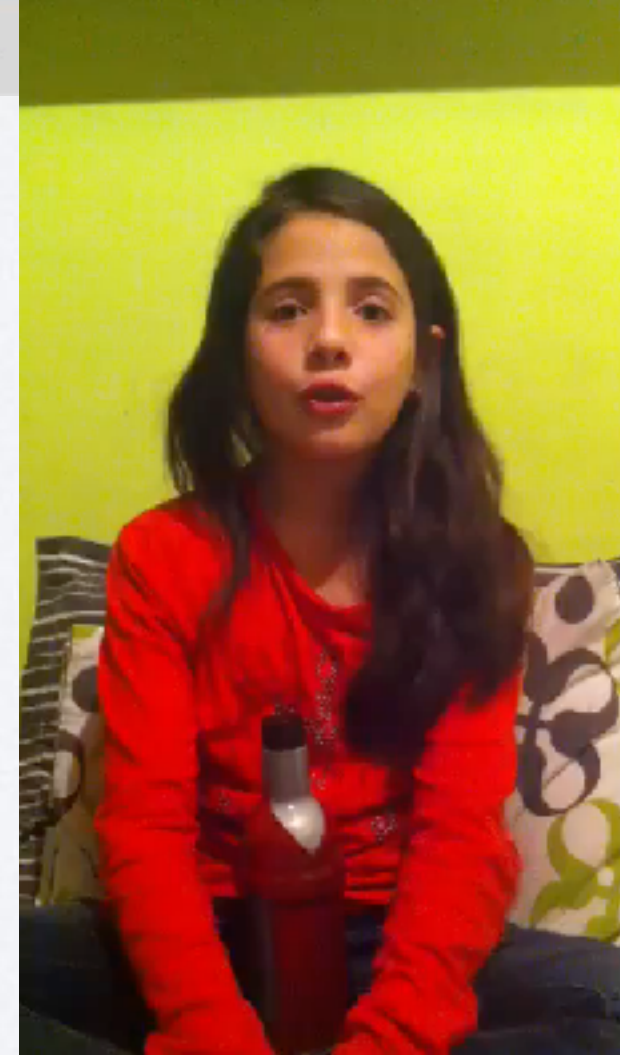
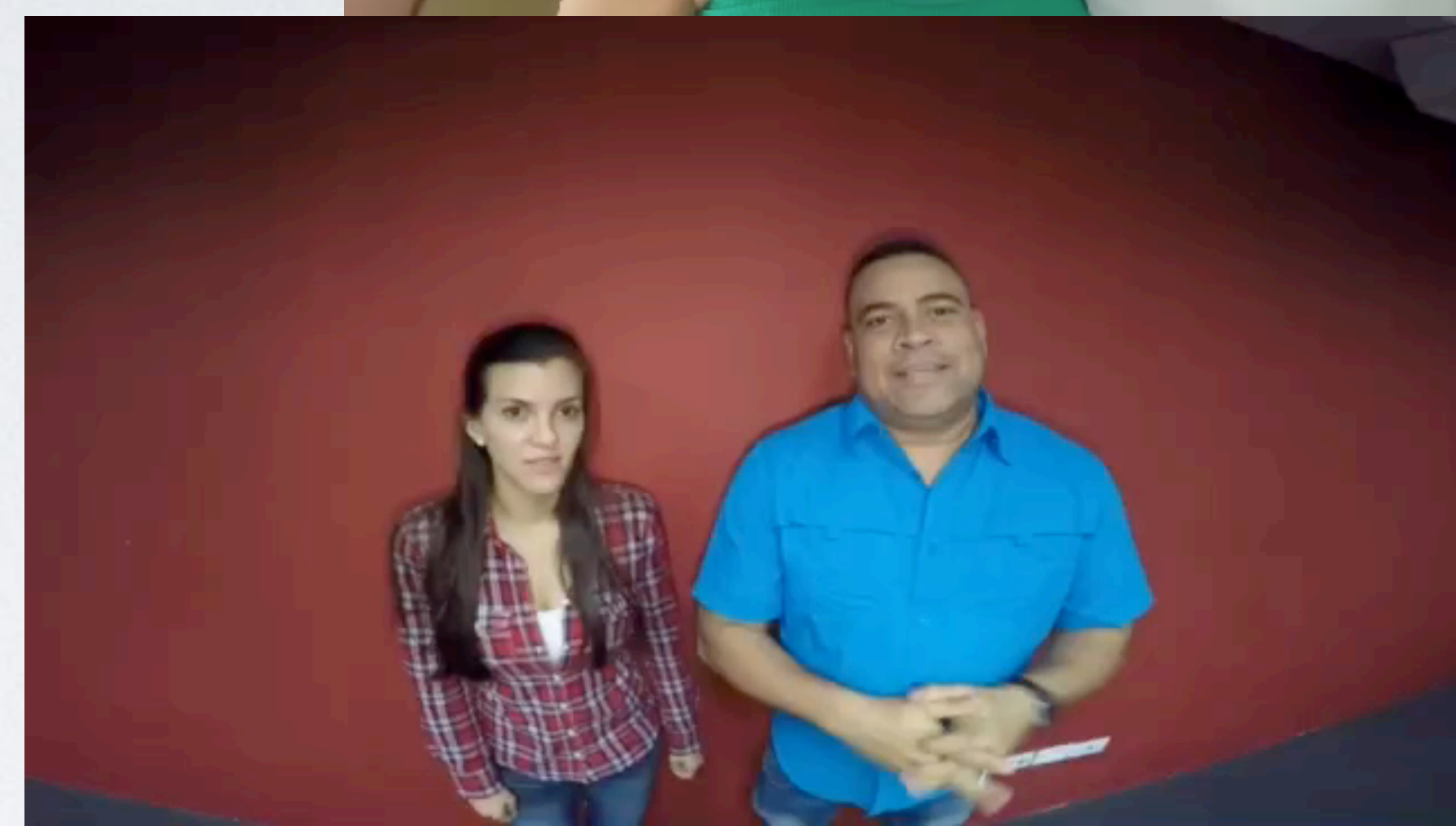
Precauciones:
- Evitar el consumo excesivo.
- Evitar el consumo durante el embarazo y la lactancia.

Modo de empleo:
- Tomar 1 cucharadita (5ml) al día, después de las comidas.

Presentación:
- 100ml de jarabe.

Ingredientes:
- Agua, jarabe de azúcar, extracto de Amalaki, extracto de Açaí, extracto de Arándano, extracto de Frambuesa, extracto de Kiwi, extracto de Lúpulo, extracto de Naranja, extracto de Piña, extracto de Uva.

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Esta es la verdadera evidencia científica que necesitamos...

Esto es lo que vale, los estudios muchas veces son para satisfacer el ego de una persona, mas el mejoramiento de la calidad de vida de un ser humano es lo que al final realmente importa...

Enfoquemos en el enamorar a la gente con el producto...





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FELICES FIESTAS